

# Semaglutide + B6

AT CAROLINA HORMONE AND HEALTH CENTER

## FDA Approved in 2021

The FDA approved use with chronic weight management in obese/overweight adults when used in combination with a healthy diet and exercise



**“We have not seen this degree of weight loss with any previous medication,”** said Dr. Timothy Garvey of the University of Alabama at Birmingham.

According to data from trial results, more than 50% of trial participants lost 15% of their body weight, and anywhere between a third and 40% of participants lost 20% of their body weight.

## IMPACT OF SEMAGLUTIDE

When used in conjunction with diet and exercise, Semaglutide has been shown to:

- **Slows intestinal motility.**
- **Delay stomach emptying leaving you feeling full and satisfied with smaller meal sizes.**
- **Lowers blood sugars, in part by reducing the production of sugar in the liver.**
- **Stimulates insulin secretion by the pancreas.**
- **Increase self-esteem**

Vitamin B6 plays a role in the metabolism of protein, carbohydrates and fats, and the production of neurotransmitters. It does an excellent job at turning food into energy. This vitamin also helps to treat nausea.

## INTERACTIONS

Do not take with other GLP-1 agonist medicines such as: Adlyxin, Byetta, Bydureon, Ozempic, Rybelsus, Trulicity, Victoza, Wegovy.

## ADMINISTRATION

- Semaglutide+B6 is injected under the skin (subQ) in your stomach, thigh, or upper arm.
- Use Semaglutide+B6 one time each week, on the same day each week at any time of day.



Charleston: 300 West Coleman Blvd. Ste. 101 Mt. Pleasant | 843-606-2530  
Columbia: 3231 Sunset Blvd. Ste. C. West Columbia | 803-454-8500  
[www.carolinahormoneandhealth.com](http://www.carolinahormoneandhealth.com)

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## POSSIBLE SIDE EFFECTS

Though rare: nausea, diarrhea, vomiting, constipation, stomach pain, headache, fatigue, dizziness, bloating, gas, and heartburn have been reported.

## FREQUENTLY ASKED QUESTIONS

### **Is Semaglutide a stimulant?**

No, while other weight loss medications, like phentermine, have stimulating effects that help curb your appetite, Semaglutide works differently.

### **Does Semaglutide curb your appetite?**

Yes, it is believed that Semaglutide can help curb your appetite. In addition to slowing gastric emptying to make you feel fuller longer.

### **How much weight can I expect to lose when taking Semaglutide?**

More than 50% of trial participants lost 15% of their body weight, and anywhere between a third to 40% of participants lost 20% of their body weight.

### **Where will I buy my Semaglutide?**

Once evaluated by our provider, the medication will be ordered through our practice and shipped directly to your home.

### **Is Semaglutide covered by my insurance?**

No, Semaglutide is not covered by insurance.

### **How long does it take to lose weight on Semaglutide?**

You will slowly work your way up to the target dose at which time you will see the most amount of weight loss. In a trial that measured outcomes at 20 weeks, most participants were able to reach the full dose and lost weight as their dose was increased. They saw additional weight loss over the remaining 48 weeks at the full dose. It is important to keep in mind that weight loss can take time, and you'll see the best results when you are using your medication in combination with a healthy diet and exercise. Sometimes the medication may not work for you, or you may not be able to tolerate the full dose due to side effects.