

Sermorelin Acetate

AT CAROLINA HORMONE AND HEALTH CENTER

WHAT IS SERMORELIN?

Sermorelin is a peptide comprised of 29 amino acids, and is prescribed to be administered at night in order to maximize the body's natural cycle of Human Growth Hormone (HGH) and stimulate the pituitary gland during REM sleep.

BENEFITS

While results may vary from patient to patient, clinical studies have shown that Sermorelin treatment benefits, including:

- Increased lean body mass
- Fat reduction
- Improved energy
- Increased vitality
- Increased strength
- Increased endurance
- Accelerated wound healing
- Improved cardiovascular and immune function
- Better sleep quality
- Improved bone density
- Improved skin quality and higher collagen density

ADMINISTRATION

Dosage commonly range from 200-300 mcg once daily before bed. Generally, the injections are done in the stomach or thigh because individuals are able to pinch their skin and pull fatty tissue into a "roll," where it can be injected.

Carolina Hormone and Health Center

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www.carolinahormoneandhealth.com

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RESULTS

While some patients will notice some significant changes in the body after the first month, the full benefits are usually reported after 3-6 months of therapy. Once injected, Sermorelin is eliminated from the body very quickly and therefore needs to be injected frequently. It's actions are dependent on a chain reaction of biological processes which result in elevated and sustained HGH and growth factors. It takes some time for levels to become optimal and initiate the benefits you are seeking to achieve. The below timeline is common for most patients:

Month 1

- Increased energy
- Improved stamina
- Deeper, more restful sleep

Month 2

- Improved skin, reduced wrinkles
- Stronger nails and hair
- Increased metabolism

Month 3

- Enhanced sex drive and performance
- Improved mental focus
- Improved joint health

Month 4

- Continued weight reduction
- Improved skin elasticity
- Increased lean muscle mass

Month 5

- Noticeably fuller and healthier hair
- Reduced appearance of wrinkles, better skin tone
- Continued reduction in belly fat

Month 6

- 5-10% reduction in body fat (without exercise/diet)
- 10% increase in lean muscle mass
- Improved vitality due to organ regrowth

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